

WE HELP GARDENERS GROW

The Seedling — July 2017

Volume 41, Issue 7

The Men's Garden Club of Burlington NC



Next Meeting: July 25, 2017 — Bring a guest!
Occasions, 286 East Front Street, Burlington NC

Meet & Greet the Organizations we Support

A Message from President Tony Abbuzzi

Greetings Gardeners,

It's July and our gardens are in full production. Today eggplant for eggplant parmigiana, sweet bell peppers for stuffed peppers, Italian sweet peppers for grilling, jalapeno peppers for pepper poppers, basil for pesto, baby lima beans, soybeans, and cherry tomatoes were harvested. This is going to keep my wife busy in the kitchen for quite a

while. I'm looking forward to the first tomato sandwich of the season. The blueberries are in and we are enjoying fresh berries on our cereal and in pancakes, muffins, pie, and cobbler. You have to love this time of year.

I enjoyed the picnic and hope that you did as well. Bob Held was named Gardener of the Year. Bob is well deserving of this award. He was up against some very tough competition in Ron Namest and Kurt

Moore. All three men were deserving of this honor and I thank them for their contributions to our club. Everyone seemed to enjoy playing BINGO, especially Doc Mundy.

Our program for July will be "Getting to Know Our Donation Recipients." It should be a great program. Take care and bring a friend.

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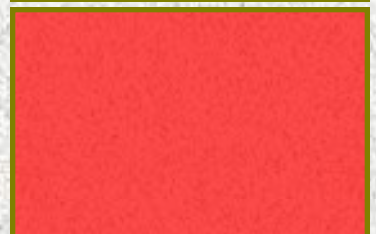
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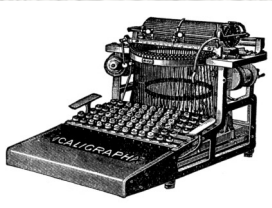
"Many public school children seem to know only two dates: 1492 and 4th of July; and as a rule, they don't know what happened on either occasion."

- Mark Twain

Happy gardening,

Tony Abbruzzi

Editor's corner



Send me your news!

This is your newsletter! Please feel free to send me content that you would like to share with your fellow members—upcoming events, gardening tips, resources , websites and online tools, things learned, recipes using things from your garden, deals and other great bargains, etc. **If you send me a website, please also include a sentence or three about why it is useful, important, why you like it, or some info that I can pass along in the newsletter.**

Please send to me via email to bikehasher@gmail.com and let me know that it is for the newsletter. Thanks. Kurt.

Member's Birthdays

Wayne Smith—July 22

Note: anyone who has not sent in your birthday, please do so. Your perk is to head the chow line with our guests!

Important Agenda Items for July Meeting

This will be our annual "Getting to Know our Donation Recipients" and check presentations to those organizations we support. Attending will be representative from ACC, Peacehaven Farm, Southern Alamance High School and Western AlamanceHigh School.

June Meeting Highlights

As you know, we had no formal business meeting, but our annual “picnic”. I hope everyone had a great time.

Additionally, we chose our annual Gardener of the Year. Congratulations to Bob Held! (See picture and brief on next page).



Native Plants for Birds

More people are turning to native plants for their yards and gardens and North Carolina has no shortage of beautiful native plants. As naturally occurring plants, they have evolved over the ages to adapt to the local environment. Other species of animals have adapted themselves to our plants including our birds. While many birds may fare well feeding on introduced species, the ramifications go further down the food chain. Ninety-six percent of land birds depend on insects to feed their young. Our native insects are not as well adapted and a shortage of insects will mean a shortage of food for young birds. The NC Audubon Society has created a short brochure on Native Plants for Birds and advise that *“by adding native plants to your yard, you can help restore the imbalance created by non-native plantings and ensure the survival of future generations of birds.”*

I will bring copies of the brochure to the July meeting. Other resources for native plants:

NC Native Plant Society—www.ncwildflower.org

Audubon NC—www.ncaudubon.org

NC Botanical Garden—www.ncbg.unc.edu

NC Coop Extension—www.ncsu.edu/goingnative

Area Plant Sales—Updated!

Spring plant sales are done, but that gives you the summer to save up your pennies for fall plant sales beginning in September!

Sept 20 — Alamance County Extension Service Master Gardener Fall plant sale, Burlington (**please note corrected date**)

Sept 29-30 — NC Botanical Gardens Fall Plant Sale featuring native plants. Chapel Hill, NC

Sept 30 — Duke Gardens Fall Plant sale, Durham, NC



From the Members



Congratulations to Bob Held!

2017 Gardener of the Year

Bob was named our 2017 Gardener of the Year at the annual picnic in June in recognition of his service to the club. Club President Tony Abbruzzi presented Bob with a plaque in recognition of his achievement.

Tony cited Bob for his long time service including having worked at most of the Dogwood Festivals and volunteering at all Hospice Home projects. He has attended most garden club field trips. Bob has also worked at all Hospice Flea Market Plant Sale preparations including pruning, pricing, identifying, and organizing plants for sale. Plus he has assisted during the days of the actual sale itself.

Congratulations Bob!

Photo courtesy of Dudley Clinard

Photos from the 2017 Annual Picnic held at Occasions

Courtesy of Dirk Sprenger



Get Your late Summer/early Fall Veggie Garden Started!

Central NC / Piedmont Planting Guide July — September

Key:

H = herb

V = vegetable

B = bulb

C = Crown

S = seed

T = transplant

Tu = tuber

Vegetables/Nuts/ Herbs/Melons	Days to Harvest/ Harvest Season	Distance 'tween Plants	V N H M	July 1 15	Aug. 1 15	Sept. 1 15
Arugula	40–50	6–9	V		S S	S S
Basil	T = 14–35 S = 50–75	2–8	H	ST ST		
Bay	Continuous		H			T T
Beans, lima-bush	65–80	6	V	S S		
Beans, lima-pole	75–95	6	V	S		
Beans, snap-bush	50–55		V	S		
Beans, snap-pole	65–70	6	V	S S	S S	S S
Beets	55–60		V		S S	
Beets	55–60	2	V	S	S S	S
Bok choy	T = 30–75; S = 45–90**	7–12	V		T T	T
Broccoli	T = 70–80	18	V		T T	T
Brussels sprouts	T = 40–50; S = 90–100**	14–18	V	T T	T T	
Cabbage	T = 63–75, S = 90–120**	12	V	T	T T	T
Cabbage, Chinese	T = 45–55; S = 75–85	12	V		S S	T
Cantaloupe	T = 57–62; S = 85–90	24	M	ST		
Carrots	75–80	2	V	S S	S S	S
Cauliflower	T = 55–65; S = 85–95	18	V		ST ST	ST ST
Celery	T = 40–70; S = 120–150**	6–8	V	T T	T	
Chard, Swiss	T = 32–42; S = 60–70	6	V		ST ST	ST
Chervil	Late summer into winter		H		S S	
Cilantro	50–55	2–4	H			S
Collard greens	T = 32–72; S = 60–100	18	V	ST	ST ST	ST
Collards	90–120		V	ST	ST	
Cucumber	60–65		V		ST	
Cucumbers	T = 28–37; S = 56–65	12	V	ST ST	ST	
Dill	40–55	2–4	H		S S	S S
Eggplant	T = 90–95; S = 150–155**	24	V		T T	
Endive	80–90		V		S S	
Fennel, Florence	60–90	6–12	H	S S	S S	
Garlic	B = 180–210	4–6	V			B
Kale	50–60		V		S S	
Kale	T = 14–22; S = 40–50	6	V		ST ST	ST ST
Kohlrabi	T = 22–32; S = 50–60	4	V		ST ST	ST
Leeks	70–100	4	V			T T
Lettuce, head	T = 45–60; S = 70–85	10	V		S S	T
Lettuce, leaf	T = 15–25; S = 40–50	6	V		ST ST	ST ST
Mustard	30–40	2	V		S S	S S
Mustard greens	30–45		V		S S	S
Okra	T = 18–28; S = 60–70	12	V		S S	
Onions, bulb	B = 75–105; S = 90–120	4	V		S S	S S
Onions, green	T = 42–56; S = 60–70	1–2	V		T	ST



Central NC /
Piedmont
Planting
Guide

**July —
September**

Key:

H = herb

V = vegetable

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Get Your late Summer/early Fall Veggie Garden Started!

Parsley	T = 33; S = 75	9–12	H			ST	ST	ST	ST
Parsnips	100–130	3–4	H			S	S	S	S
Peas, bush	54–60	4	V			S	S	S	S
Peas, field	55–65	4	V			S	S		
Peas, vining	54–72	2–3	V			S	S	S	S
Peppers	T = 75–80; S = 145–150 **	18	V			T			
Pumpkin	115–120	48	V	S					
Radishes	20–25	1	V			S	S	S	
Rutabaga	70–80	4	V	S	S	S	S	S	S
Scallions	60–80		V					B	B
Squash, summer	T = 30–40; S = 50–60	24	V	ST	ST	ST			
Squash, winter	T = 42–67; S = 70–95	36	V	ST	ST	ST			
Sweet potatoes	T = 95–125	10	V	T					
Tomatoes	T = 75–85; S = 125–135 **	18	V	T		T			
Turnips	55–60	2	V			S	S	S	