

The Seedling – March 2019

Volume 44, Issue 3

The Men's Garden Club of Burlington NC

<https://burlingtonmensgarden.club>



Next Meeting: March 26, 2019 Bring a guest!
Occasions, 286 East Front Street, Burlington NC

***"Botanist And Barrel"* Lyndon Smith and Kether Smith**

A Message from President Dirk Sprenger

Dear members and friends,

As with planning a tiny square foot garden, I need to use the space here carefully. Three important motivators for each and every one of you to show up at the March club meeting are: firstly, to continue our discussion of whom we are and our mission for this year; secondly, to select a shirt that will make you look good; and lastly to finish our awesome plans for the April Mebane Dogwood festival. Alvis and his team have made a terrific start. Let us all give him the commitment deserved.

At the last meeting I learned so much from Liz Riley that I have applied in how I grow and water my

microgreens (pictures page 5). I especially liked how ACC uses burlap and hangs the strips to cut the greens off with an electric knife. Plus their amazing plans to use tilapia in aquaponics were so interesting. Our thanks go out to Horticulture Tech. I found some pictures on Youtube of blue tilapia in use by others.

Regarding the March program you may ask *"Do I really need to know about Botanist and Barrel?"* Here are my reasons to bring this young brother & sister team who live in Caswell County to share their experience in March. They have quickly become an important

Continued on page 2



Inside this issue:

<i>Editor's Corner</i>	2
<i>Member Birthdays</i>	2
<i>Upcoming meeting</i>	2
<i>Club News</i>	3
<i>2019 Spring Plant Sales –updated</i>	3
<i>2019 Programs— updated</i>	4
<i>From the members</i>	4
<i>Sprouts</i>	5

Officers & Contacts

59MOGGUY@GMAIL.COM

President: Dirk Sprenger 919-699-467	Treasurer: Ray Schwartz 270-6953
Vice President: Ron Namest	Chaplain: Bob Held
Secretary: Harry Porthouse	Seedling Editor: Kurt Moore



Continued from page one

part of the Hillsborough farm-to-table community. They have a global market for the products they make on their humble farm. Look at their website and see that many of the drinks are fermented. Fermented foods have boosted my immunity to the common cold and earaches. Just yesterday I heard author Erica Sonnenburg on local radio discuss her book called *"The Good Gut."* I will have a copy with me at the March meeting too. To whet your appetite please look up human microbiota in Wikipedia to see why these unpasteurized foods have helped thousands with a host of inflammatory and autoimmune disorders. It could improve your health and that of your grandchildren!

Links: <https://botanistandbarrel.com>
<https://www.peoplespharmacy.com>

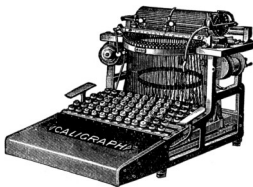
"Optimism is the faith the leads to achievement." Helen Keller

See you soon,

Dirk Sprenger

Editor's corner

Send me your news for 2019!



New Year, new news! This is your newsletter! Please feel free to send me content that you would like to share with your fellow members—upcoming events, gardening tips, resources, websites and online tools, things learned, recipes using things from your garden, deals and other great bargains, etc. Please send to me via email to me and let me know that it is for the newsletter. Kurt.

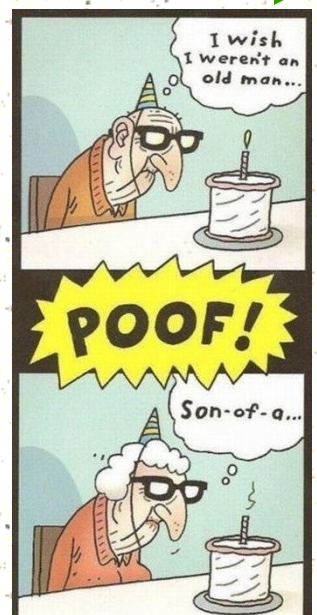
March Birthdays

Dennis Cox—9th

Your perk is to head the chow line with our guests!

Important Agenda Items Next Meeting

Preparation for the Dogwood Festival is the important topic for the next two meetings. We will also continue the discussion about the future direction of the club, it's mission and growth. Our March speaker will be Kether and Lyndon Smith from Botanist & Barrel presenting *"Farm to Bottle. Sours, Ciders, Wines and Barrel Aging"*.



February Meeting Highlights

The February meeting continued the discussion of the club's future direction and declining membership. The club also continued preparation for the Dogwood Festival, April 26 & 27. We will have three booths again as in the past. We will have continued discussion of the festival at the next two meetings.

Our monthly program was an overview of the aquaponics program at ACC by Dr. Liz Riley, Chair of the Horticulture Department. Dr. Riley also announced the dates of the ACC Spring Plant Sale (April 17-18).



2019 Plant and Garden Sales

Spring is around the corner and that means Spring Plant Sales! Here is a list of upcoming "local" (within an hour drive) plant sales. As always, I will keep this list updated, so please me any info on additional events I may have missed.

March 30 —Duke Gardens, 8 am—Noon. Durham <http://gardens.duke.edu/events/plant-sales>

April 6 - JC Raulston Arboretum Plant Sale, NCSU, 9 am—4 pm, Raleigh
<https://jcra.ncsu.edu/events/details.php?ID=1703>

April 14—Farmers Curb Market Plant Sale. 9 am—6 pm. Greensboro. <https://10times.com/plant-sale>

NEW! April 17 –18—ACC Annual Spring Plant Sale. 10 am—5 pm.

April 26-27—Women's Resource Center 21st Annual Herb Festival, 0830-1900 (Friday) & 0830-1500 (Sat), Burlington, <http://wrcac.org/herb-festival>

April 26-27 – 31st Annual Mebane Dogwood Festival www.mbanebanc.com/event/dogwood-festival-4

April 27— Reynolda Gardens, Wake Forest University. 8 am—2 pm. <http://reynoldagardens.org/events/big-spring-plant-sale>

May 10-11—Guilford Master Gardeners Pass-along Plant Sale, Ag Extension Service, Greensboro, NC. More info TBD

May 4 - NC Botanical Garden Spring Plant Sale and Festival. 2 pm—7 pm, Chapel Hill. <http://ncbg.unc.edu/2019-events>

Looking ahead for those of you considering fall landscape planning this year:

Sept 27-28— NC Botanical Garden Fall Native Plant Sale
<http://ncbg.unc.edu/2019-events>



From the Members

Juniper Level Botanic Garden

A Not-for-Profit, 28-acre educational, research and display garden, established in 1988.

9241 and 9249 Sauls Road, Raleigh, NC 27603

919.772.4794

Schedule & programs: <http://jlbg.org/content/visit/gardenDays.php>

Thanks to Steve Wright



Upcoming Programs—Updated

Hey folks, we need input to round out the 2019 program agenda. We need your input on suggested topics and speakers. Besides the annual social and annual Meet & Greet our donees, we need programs for June and August.

March— “Botanist And Barrel” Lyndon Smith and Kether Smith will talk about their business.

<https://botanistandbarrel.com/home-page/>

April— “Square Foot Gardening”, Harry Porthouse

May— “Hemp Horticulture in NC”, Ray Schwartz

June—OPEN. Please suggest speakers and topics

July— “Wild Flowers” Alvis Webster

August—OPEN. Please suggest speakers and topics

September—Annual Picnic/Social. Place TBD. Spouses invited.

October—Presentation from our donee organizations—PeaceHaven, ACC and Western & Southern FFA programs.

November— “Using Bugs to Fight Bugs” Dr. Emily Mueller, Wake County Extension Office

December—No Meeting.



Inspired by Last Month's Presentation

Broccoli (upper right) and organic pea sprouts (upper and lower left) on successive days.
Grown in Dirk's kitchen.

Thanks to Dirk Sprenger